



WELCOME TO THE TEAM OF INSTRUCTORS!

Here's a short list of things that might be useful when you begin instructing Sauna Yoga classes:

Material Bank

www.saunayoga.com/en/contact

User name: **materials@saunayoga.com**

Password: **materialbank**

Facebook:

Like the page **Saunayoga**

Request to join the group **Saunayoga Instructors**

Instagram: **Saunayoga_official**

Advanced Educations:

We organize advanced educations twice a year in Finland. Please be in touch via email if you'd like to educate yourself further in your location info@saunayoga.com

www.saunayoga.com